



Team Jolly Racing - 2nd at 2010 470 World Champs



Chris Steele - 1st at 2007 Optimist World Champs

Contact Details

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**COACHING
INFORMATION**

What the company wants to be known for

To be helpful in the promotion and further development of junior, youth, dinghy and keelboat sailors to a high level of achievement.

Our aims are; to lift the standard of sailing and knowledge of its contracted clubs, classes, countries and individual sailors. We are here to provide well thought out, effective planning coupled with good coaching, to help sailors reach their full potential through fun, productive sessions.

To stay abreast of the latest happenings within yachting and coaching development around the world. We don't just want to follow but to lead the development within coaching. We will help coaches up-skill with self development opportunities.

Point of Difference

We are full time coaches and sailors who are professional and passionate, with a good network within the industry. We have had prior success over a number of years at Regional, National and International levels. We are working towards improving sailing in New Zealand.

Gear and Equipment

With our purchasing power, i.e, J Sails and North Sails for Optimists, you will be able to access good deals on the best type of equipment. Equipment choices maybe different for each sailor, depending on sailing styles, sailor size and the goals of the individual sailor. We would be able to advise you on the best gear based on your personal sailing needs.

Moth Experience

We are currently offering "The Ultimate Moth Experience" on Lake Pupuke, giving you the opportunity to experience the Moth. Contact Andrew, (see reverse for contact details), or Alan McIntosh on 021 958 812 - Madloop Windsurfing.

What Force Racing offers

Club Programmes

We will utilise our systems and processes to help clubs put together a good plan customised to the clubs needs. We will organise the coaches, and make sure they know the aims and goals of the club - this service is for all classes the club needs help in organising its coaching programme for.

Association Programmes

We will utilise our systems and processes to help class associations put together a good plan customised to the needs of the class. We will organise the coaches and make sure they know the goals and aims of the class.

Coaching Clinics

For Optimists, P Class, Starling, 420, Laser Radial, Junior 470's and any other class that wants a clinic or camp run for them. These clinics will be at specific times of year and will target specific areas and skills. It can include a venue clinic before major events so you get venue specific training.

Regatta Support

Support for any team or club etc for anywhere in New Zealand or overseas. This includes some pre regatta training, venue investigation, regatta on the water and off the water support and post regatta debriefs.

Knowledge/Education

We hold regular lectures for sailors about specific racing techniques and tactics, speed, fitness and rules. These lectures are open to all interested parties.

Winter Programmes

Force Racing can bring all sailors together for weekend and holiday programmes during Winter to help sailors that are going away to overseas regattas, or for those sailors that want to get the jump for the upcoming summer season.

Team Coaching

If you need personalised coaching with a group of like minded individuals, you can join Force Racing and enjoy that 'extra' bit of help and training. Classes we focus on are: Optimist, P Class, Starling, Laser Radial, 420 and Junior 470's.

Logistics & Coaching

We provide logistics and coaching for overseas teams wanting to train and compete in New Zealand in any class.

Technology

Force Racing has the latest video analysis tools including bluetooth recording system for communication.

Portable screen enabling you to view the footage once onshore.

Silicon Coach - for techniques.

Personalised logbook.

Fully equipped specialised 5 metre coachboat.

We have other technologies available, these tools are there to compliment and add to the coaching programme.